# KITCHEN KAPERS

2017 HOME TOUR





Benefiting Riverside Methodist Hospitali





**SEPTEMBER 10, 2017** 

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2062 Ellington Road 2274 Club Road

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Out of courtesy to the homeowners who have graciously opened their homes for this special event, we request:

- + No strollers or backpacks.
- + No smoking.
- + No cameras.
- + Children must remain with parent or adult at all times.
- No food or drinks except for that which is provided by the chefs in the home.
- + Guests please refrain from touching home contents.

Remember to sign your ticket to enter our raffle for a beautiful pair of earrings generously donated by D.C. Johnson Limited.

## Dear Tour Guests,

Welcome to the 30th Anniversary Kitchen Kapers Tour! It has been a privilege to work with this incredible group of 70 women to bring you a spectacular array of gorgeous homes and kitchens, delicious foods from local restaurants and beautiful displays from area florists. We are so grateful for these homeowners and businesses for their sacrifices and donations. We are also indebted to our tour sponsor, Midwest Physician Anesthesia Associates, Inc. and all the sponsors who contributed to our ultimate goal of funding important cancer care programs at OhioHealth Arthur G.H. Bing, MD, Cancer Center at OhioHealth Riverside Methodist Hospital. And, finally, we are so thankful for you, the tour guests, who have bought tickets—further funding our mission—and have participated today, making it all worthwhile.

When I joined Kitchen Kapers, I was fortunate that I did not have a personal story of cancer touching my life or the lives of my loved ones, but I had heard the statistics. I had heard the accounts of people receiving the dreaded diagnosis. I could only imagine the fear I would feel. And that fear was not only about the ultimate outcome but also about the process of fighting the disease. How hard would it be? How painful? I just didn't know. When I joined Kitchen Kapers, I saw that the doctors and staff at the Bing Cancer Center and Riverside Methodist focused their never-ending work and passion on not only curing the disease, but also on the patient experience throughout treatment. How comforting to know that this hospital was working on and providing ways to make the journey less taxing both physically and emotionally. The Integrative Cancer Care Program does not limit treatment to medicine only, but incorporates acupuncture, art therapy, massage therapy, among many other offerings, to help the patient feel better during and after treatment.

In this, my final year as a member, the Kitchen Kapers mission became more personal to me. My mom went in for her annual mammogram at the Bing Cancer Center. And for the first time after 30 years of clear mammograms, she was asked to come back for another look and biopsy—and was told that she had breast cancer. Thankfully, they caught it very early and she needed only a lumpectomy and radiation, which she underwent at Riverside Methodist and the Bing Cancer Center. Even though my mom had an excellent prognosis, the word "cancer" had a strong impact. Her anxiety and fear went beyond the medical science. Now I really got it. This is what we have been working for. Patients are so much more than their diagnosis and the medicine needed to cure them. They have to go on living through this experience when fear and pain threaten to shut them down. Riverside Methodist and the Bing Cancer Center are working to help patients thrive, not just survive, through their treatment. And the support we provide through the money we raise at Kitchen Kapers allows them to do this.

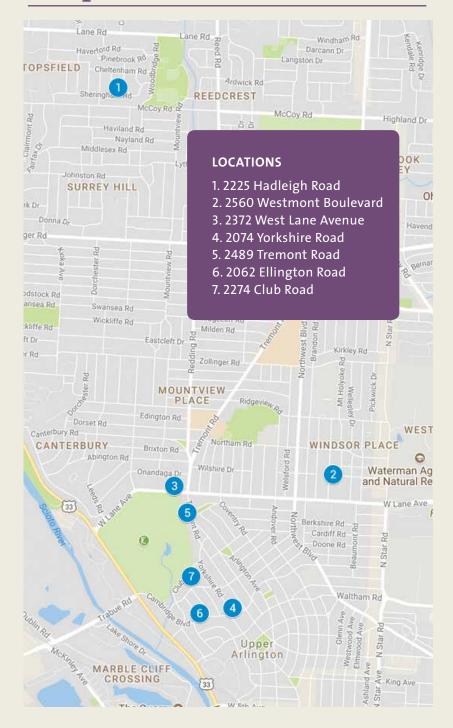
In closing, I hope you will join me in thanking the 30 years of Kitchen Kapers members who came before us who worked hard to continue the tradition and the mission, which will endure until there is no more cancer left to treat.

Very truly yours,

Catherine S. Henredy

Catherine Kennedy, President

# Map of Homes



## Dear Volunteers and Touring Friends,



For 30 years, the members of Kitchen Kapers have raised almost \$900,000 to support cancer care at the OhioHealth Arthur G. H. Bing, MD, Cancer Center at OhioHealth Riverside Methodist Hospital. The group continues its mission to improve the lives of those living with cancer with today's tour of renovated and remodeled kitchens in Upper Arlington.

Kitchen Kapers is a group of dedicated and hardworking volunteers who affect great change in the lives of patients through their fundraising efforts. Proceeds from the annual tour provide philanthropic support to the Integrated Cancer Care Program, a holistic program aimed at treating more than a patient's cancer. This area of medicine draws on the fields of nutrition, stress management, physical fitness, massage therapy, acupuncture and many other non-traditional therapies.



This year, Kitchen Kapers members have not only worked tirelessly to prepare an outstanding tour, they have also worked hands-on at Riverside Methodist, preparing over 600 art kits for the Art Therapy Program and help run the "high tea" service on Seven Yellow (Oncology). Once a week, patients, family and friends are treated to a "high tea" service, complete with music, tea and pastries. Each patient is also given a single rose. Volunteers manage the service in the kitchen and lobby areas which were renovated using proceeds from previous Kitchen Kapers' fundraising efforts. By working in the hospital and around the patients for whom they seek to help, Kitchen Kapers members are able to see firsthand the impact of their efforts. And we at OhioHealth are beyond grateful for their devotion to the patients and families we serve.

Thank you for supporting this important event today. Your participation will help us continue to sustain these important endeavors which promise a welcoming, uplifting and comforting environment for patients, caregivers and their families.

With appreciation and thanks,

Andrew Grainger

Medical Director of Cancer Services
OhioHealth Riverside Methodist Hospital



Benefiting Riverside Methodist Hospital

# Cancer Care: Arts in Medicine Program Brings Comfort to Patients and Families

Where do the arts fit into healthcare? Right at the bedside! Living with cancer can create unbearable stress and anxiety. It can come from constant worry about the condition of cancer or fearful waiting before a procedure or surgery.

The Arts in Medicine program at OhioHealth Riverside Methodist is designed to help patients and their families cope during these times by providing cancer resources and a means to help them relax through creative activities, as well as express and explore their emotions and concerns.

Research studies on arts in medicine programs have proven artistic activities can lower stress levels, decrease anxiety and improve a sense of well-being. Riverside Methodist's Arts in Medicine program includes, but is not limited to, visual, literary and musical arts that can help the patient shift focus into a more peaceful and hopeful mental space.

Solely funded by philanthropic support and the only program in central Ohio recognized by the National Endowment for the Arts as a "Best Practice," the Arts in Medicine program is founded on the belief that the creative process involved in artistic self-expression helps people in many significant ways.

#### **About the OhioHealth Foundation**

The OhioHealth Foundation helps our central Ohio family of faith-based, notfor-profit, volunteer-governed hospitals and healthcare services fulfill their commitment to extraordinary care.

Gifts made to the OhioHealth Foundation benefit Riverside Methodist Hospital, Grant Medical Center, Doctors Hospital, Dublin Methodist Hospital, Grady Memorial Hospital, Hospice, Mansfield Hospital, Shelby Hospital and O'Bleness Hospital.

For more information, visit the Foundation at OhioHealth.com/Foundation or (614) 544-GIVE (4483).



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## Media Partners



Tara Lane
NBC4, Meteorologist
2017 Honorary Spokesperson

Kitchen Kapers is proud to have Tara Lane as the 30th Anniversary Tour Honorary Spokesperson. Tara is a Meteorologist for Storm Team 4 at 5 & 5:30 pm.

Tara is the newest member of Columbus' most accurate weather team, arriving in March 2017 from Charlotte, North Carolina. She spent the last 15 years at Time Warner Cable News, covering almost every type of weather under the sun, from ice and snow storms to hurricanes and wildfires. Born and raised in Northern Virginia, Tara attended East Carolina University where she received her bachelor's degree in Communication. She then studied Meteorology through Mississippi State University.

A dramatic event from Tara's childhood sparked her interest in weather. When she was eight years old, a tornado developed, ripping the roof off her home and causing severe damage to her community. Miraculously, no one was hurt. But from that point on, she started tracking the weather, something that became somewhat of a hobby. "I feel lucky that something I started out doing on the side eventually became my job! It's exciting, it's interesting... a bit scary at times, and there's (usually) something different to talk about every day."

When she's not tracking storms, you can usually find Tara hanging out with her kids or working out at the gym. She lives in the Columbus area with her husband, daughter, son, and Boston Terrier "The Hulk." Tara is looking forward to checking out everything Columbus has to offer, including the many great restaurants (she's a foodie), parks, and who knows, maybe a marathon or two.

She is very excited to be a part of the 30th anniversary Kitchen Kapers tour, which gives her an opportunity to get to know more local residents and help with such a great cause.



## Special Thanks

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John Morgan, Guitarist - OhioHealth Art in Medicine

Jennifer McHale, Art Therapist - OhioHealth Art in Medicine



# Ely Home

2225 HADLEIGH ROAD

Welcome to 2225 Hadleigh Road, home of Rachel and Ryan Ely.
Originally built in 1963, the Elys purchased the home in 2007. The remodel began last year and was completed earlier this year. They reconfigured and updated the first floor by expanding the back of the house to create a large, open family room and kitchen while also adding a mudroom and laundry room and updating the front room, office and a half bath. The remodel also included expanding and remodeling the basement. In addition, the outdoor spaces were updated to include a new driveway, front walk, porch, back patio, new paint and shutters and complementary landscaping. The owners even took care to incorporate brick into the outside of the home to match the existing original exterior rather than simply using siding for the addition.

Upon entering the front door, you immediately feel the "wow" factor of the open floor plan while the rustic interior design maintains a warm and cozy atmosphere. Immediately to your right, you will see that the banister to the upper level was updated to blend in with the new décor. Next, an impressive, hand-crafted barn door separates the living room from the half bath, laundry room and mud room. The original kitchen was in the area that has now been converted to the mudroom and laundry room. The dark, cramped kitchen and entryway were not functional for this busy family with two young boys, so the homeowners aimed to make the new design lighter with more space and storage. The family room fireplace was completely updated to include a new mantel using railroad tie features from Iguana Art and Design out of Utah.

The kitchen is the true focal point with a spacious area perfect for entertaining

family and friends. Windows along the back face the beautiful back yard, and patio doors lead to the new patio. Three large windows above the kitchen sink and counter open to allow fresh air into the home. The kitchen is anchored by an extra-large island with a leathered surface, which matches the granite countertops elsewhere in the kitchen. They are the color Bianco Antico. Included in the island is a new induction cook top stove. The other KitchenAid appliances, including the refrigerator, double ovens and dishwasher, feature a new black stainless-steel design that is both beautiful and functional as it doesn't show smudges from little hands! The refrigerator features drawers for easy access to frequently consumed drinks and snacks. The owner even makes it easy for guests by telling them adult items are in the drawer on the left and kids items are on the right. Cabinets in the color Sable include special storage features, and a custom pantry to the





left of the double ovens includes pull-out drawers and shelving built into the doors that maximize space and functionality. The dining area features a beautiful table from Restoration Hardware and finished by a local woodworker, which can be expanded to accommodate additional guests on special occasions. However, the family most often enjoys informal meals at the spacious island seating. Modern lighting over the island and dining area as well as a tray ceiling feature add personality, while complementary colors of black, white and gray throughout add to the modern rustic feel.

The wood floors were completely updated throughout the entire first floor in white oak. The homeowners decided to keep the natural color rather than using a stain

because they liked the lighter contrast color against the other browns and grays in the space.

Overall, the Ely's have created a beautiful and comfortable space that their family can enjoy for years to come. We greatly appreciate their participation in our 30th anniversary tour as well as the support of Whole Foods Market and Counsyl, our generous home sponsors.

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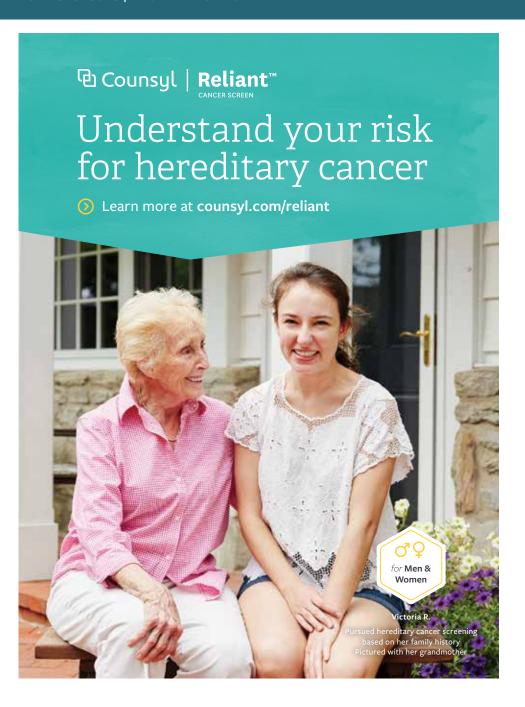
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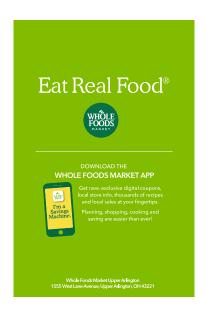
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# Hicks Home

**2560 WESTMONT BOULEVARD** 

Welcome to 2560 Westmont Boulevard, home of Scott and Amanda Hicks. This home was originally built in 1956 and was purchased by the Hicks family in 2014. After moving in and deciding what type of layout would best suit their family and getting inspiration from some of their favorite design shows, they knew they wanted a traditional style with an open floorplan. They partnered with general contractor Steve Goebel of Trevor Custom Homes and a local architect to bring their vision to life.

They knew they wanted a kitchen with a large island that was open to the rest of the home as Amanda is an event planner and they love to entertain. The Hicks also wanted a buffet area that would aid in their casual entertaining of family and friends. It took them 4 months to create this amazing new kitchen.

The previously dark and narrow galley style kitchen was opened up and anchored by a gorgeous island topped with Ornamental Vernona granite. The island has an area large enough for 4 red leather bar stools to give the space an added pop of color. The beautiful island cabinets from JAE Company in Clove are a perfect contrast to the rest of the kitchen. Two unique industrial pendant lights keep with the traditional style but also add a design element to the space. The microwave, discreetly located in the

side of the island, as well as a stainlesssteel sink complete this look.

The remainder of the kitchen is done in stunning neutral tones with the cabinets being an antique color with cocoa glaze as well as oil rubbed bronze hardware. The backsplash, Baja Cream in a tumbled finish, from Daltile provides the warm tones that match the rest of the home. The look is finished with stainless-steel Samsung appliances.

Scott is the cook of the home, so he was instrumental in designing the kitchen—even making sure that the coffee maker could be hidden by a unique folding cabinet. They also installed a functional new pantry next to the refrigerator as well as a range with a gorgeous backsplash design and a shelf above.



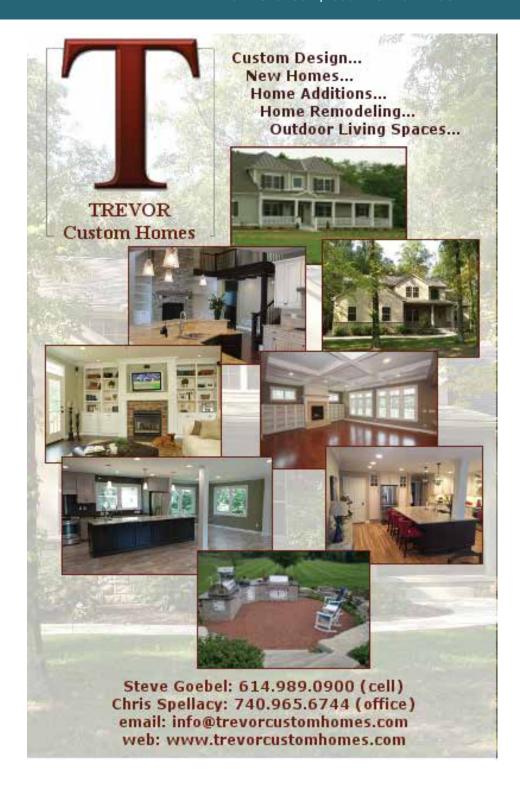


Another focal point of the kitchen is the amazing buffet off of the island. It is constructed with the same cocoa glaze cabinets and ornamental granite. The buffet allows for additional entertaining space for the Hicks and showcases their one-of-a-kind wedding painting. The space continues on to an open eat-in area with another spectacular light fixture and floor-to-ceiling windows that allow in an abundance of natural light. The simple tan wall color also brightens the area. Their renovation also included a unique mud room with a hidden closet and bench that provide extra storage. It was just what they needed to finish this gorgeous remodel.

Thank you for visiting this stunning home. As you walk through and explore all of its beautiful details, please take time to thank Trevor Custom Homes and Columbus Oncology and Hematology Associates for their generous support as home sponsors

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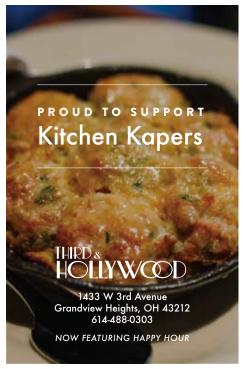
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# Smyth Home

2372 WEST LANE AVENUE

Welcome to 2372 Lane Avenue, home of Emily and Antonio Smyth and their two daughters. The home was built in 1932 and purchased by the Smyths in 2009. The owners were looking for a historic home that they could restore and make their family home. In 2015, they kicked off renovations to their entire home, including their kitchen which had not been updated since the 1970s. The owners entrusted their general contractor and carpenter, Structural Erectors, with their vision for the new design, which was to stay true to the home's historic Tudor style while adding modern conveniences for a young family.

As you enter the home, you are greeted with beautiful stained wainscoting and custom millwork on the stairs and arched doorways. Their contractor restored and added additional carpentry throughout the home that blends seamlessly with the original design. As you continue into the home toward the kitchen, you pass the formal dining room and a new butler's pantry that was added as part of the renovation. There is also a second staircase that had been hidden away many years ago that the homeowners asked their contractors to restore.

The original kitchen layout was dark and included only one small window to the backyard. The new design features a set of three arched doorways that provide plenty of natural light and take advantage of the beautiful view to the pool. Both Emily and Antonio come from large families, and the new space is

perfect for the many informal gatherings they like to host for family and friends.

The spacious kitchen includes custom dark brown oak cabinetry and a large two-tiered soapstone island. The island welcomes guests with comfortable seating featuring five handsome walnut Blackstone barstools. The dark cabinetry and counters are contrasted with Benjamin Moore White Maritime wall paint and honey-stained oak flooring laid in a herringbone pattern. The backsplash tile is from Walker Zanger's Tuileries collection (Vendome Deco Field pattern in the "Fedora" color) and adds a timeless elegance to the design.

Other features of the kitchen include the Wolf brand gas range and twin Subzero refrigerator and freezer which were finished to match the cabinetry. The unlacquered brass faucet and hardware





coordinates with the hand-finished wrought iron shade pendants over the island. A new wine cellar featuring a wrought iron design was created out of what used to serve as a storage room for the pool.

The newly designed and installed landscaping adds the finishing touches to a very special property.

Thank you for visiting this masterfully restored home. We would also like to thank Orange Barrel Media and Columbus Aesthetic and Plastic Surgery for sponsoring this tour home and supporting Kitchen Kapers in its efforts to enhance the fight against cancer.

#### **GENERAL CONTRACTOR AND CARPENTRY:**

Joseph and James Orr, Structural Erectors **DESIGNER:** Pam Yost, Allied AISD, Grand

Design Group

**CABINETRY:** Dark Brown Oak, 4B Wood

**Custom Cabinets** 

**HARDWARE:** Water Street Brass,

Premium Hardware

**BACKSPLASH:** Hamilton Parker.

Walker Zanger (Vendome Deco Field

pattern in the "Fedora" color)

**LIGHTING:** Lumley Pendant, Currey & Company

**BARSTOOLS:** Blackstone Bar Stool in

Walnut, Hickory Chair

**PAINT: Benjamin Moore Maritime White** 

WINE CELLAR: Schlabach Wood Design

**DINING TABLE AND CHANDELIER:** 

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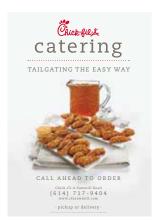


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# Mahan Home

**2074 YORKSHIRE ROAD** 

Welcome to 2074 Yorkshire Road, the home of Joseph and Martha Mahan and their two daughters. The home was originally built in 1920 using stone from the Marble Cliff quarry. The Mahan Family purchased the home in 2014, hired a team of professionals and started undergoing an extensive addition/renovation almost immediately. Inspired by Martha's Scandinavian roots, the homeowners wanted an inviting open concept with lots of natural light for their space.

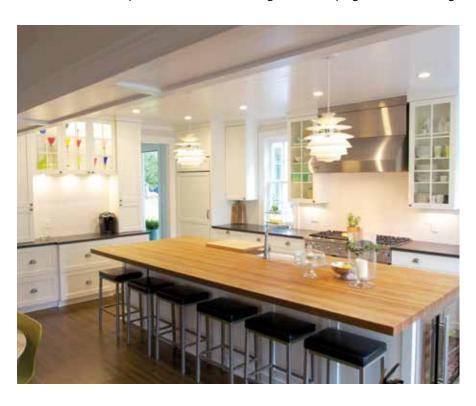
As you walk into the house, the massive island will immediately catch your eye from across the room. The countertop on the island is Iceland Cherry butcher block, a natural and highly durable choice. There are two dishwashers on either side of the sink, which offer simple cleaning after hosting a dinner party. A large beverage fridge sits at the far-left end of the counter, and additional appliances and serving ware are located in the ample storage under the barstools. Keeping only the Viking stove and microwave from the previous kitchen, they replaced everything else. The perimeter counters are beautiful honed black granite.

The white cabinets are home to Martha's china collections, those for every-day use and fine china for parties. There is

a beautiful display of her collection of Scandinavian blown-glass glassware that adds color and beauty to the kitchen.

The old kitchen has now become part of the mudroom and pantry allowing for abundant storage and space when hosting guests and family. The flooring is white oak, which matches the original flooring in the home. The windows are all original to the house except for the addition, and the hardware remains the same.

During the renovation, the Mahans also reconfigured the garage space into the basement where there is now a beautiful bar and an area where Joseph can relax and work. They moved the driveway to the side of the house where a three-car detached garage is located. The newly designed landscaping adds the finishing





touches to a very special property. As a gift for Martha, Joseph recreated an original bench to place on their gorgeous wrap-around porch where they can sit and enjoy their evenings.

Thank you for visiting this casually elegant home with its bright, airy and open spaces. While touring the home, please thank the home sponsors Behal Sampson Dietz, Inc. and Cooley Custom Cabinetry for their generous support.

ARCHITECT/DESIGNER:
Behal Sampson Dietz
CABINETS: Cooley Custom Cabinetry





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## Stickney Home

2489 TREMONT ROAD

Welcome to 2489 Tremont Rd, the home of Linda and Michael Stickney. This historic home was built in 1921 with the back of the home serving as the original front at that time. The Stickneys are the third owners, preceded originally in 1921 by the first mayor of Upper Arlington and then by the Dawson family shortly thereafter. Linda and Michael were both uniquely drawn to this home. Together, they wanted to bring this historic space a new life—creating a bright, happy place, perfect for entertaining. They purchased the home in February of 2014 and spent two-and-a-half years fully renovating the space.

The new kitchen and butler pantry as well as a new family room were an addition to the home during the renovation process. The combination traditional/modern space has been masterfully built onto the northwest and northeast sides of the home, allowing for natural light, privacy and a magnificent view of the Scioto Country Club golf course. Together, Linda and Michael have created a space that has become the perfect entertaining spot for their many formal gatherings held throughout the year. These include a number of events that benefit the many local non-profit organizations that they support.

The crisp black-and-white contrast of the kitchen immediately attracts the eye. The white cabinetry is adorned with hardware from Restoration Hardware and knobs.com. Absolute black granite serves as the countertop throughout the kitchen. The Carrara marble backsplash was purchased from Marble Systems Inc. out of Virginia. The flooring is granite and Carrara marble to provide consistency with the backsplash and

countertops. The Stickney kitchen has two ranges, a gas and an induction range, both Wolf, and a Subzero refrigerator. The Stickney's decorator, Sally McDonald, chose the lighting for the kitchen, which was provided by Visual Comfort, and she further had linen valences custom-made to add elegance to the windows. The kitchen also has roller blinds provided by The Shade Store.

The custom tinted-white Benjamin Moore paint used throughout the home has been a key in not only allowing for a bright, cheerful and light space, but it has also serves as the perfect backdrop to beautiful artwork showcased throughout the home, many pieces specifically painted by Cincinnati artist, Karen Rolfes.

Linda has a very special connection to our organization and tour purpose this year. In May of 2013, she was diagnosed with ovarian cancer. For several months she had experienced bloating and discomfort, followed by a few days of increasingly severe groin pain. She initially thought this pain was a pulled





muscle. In just a few days, she was in enough pain that a trip to the ER was in order. After a CT scan and follow-up with her physician, she learned that they had found a tumor. Shortly after receiving the diagnosis, her treatment plan began at The Bing Cancer Center where she received chemotherapy for the following six months. While at The Bing, Linda received excellent care from the doctors and nurses. Because of their outstanding work, treatment plan and dedication, Linda is a survivor. She attributes her recovery to the never-ending support from family and friends, along with Michael's idea to coincide the purchase of this house with the completion of her chemotherapy. Linda was intimately involved with the renovation and design of their home. She believes that staying busy and having a positive attitude and outlook played a very important role in her remarkable recovery.

The Stickneys have beautifully preserved and breathed new life into this true historic gem. They have made their vision a reality and have masterfully renovated their home with the highest level of detail. Enjoy your visit to this beautiful space while also recognizing the commitment of the home sponsors, Bowen Legacy Dental, Intuitive Concepts and Tailored Management, to supporting the Kitchen Kapers' cause of helping those who are living with cancer.

**CONTRACTOR:** Michael Stickney

(homeowner)

**DESIGNER:** Interior Works by Sally McDonald

**BACKSPLASH:** Marble Systems Inc.

**LIGHTING:** Visual Comfort

**ROLLER BLINDS:** The Shade Store



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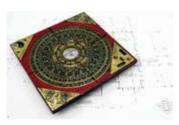


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### Arts in Medicine Interaction

Kitchen Kapers would like to thank Jennifer McHale, art therapist, for providing an opportunity to see how art impacts others.

The Arts in Medicine Program at OhioHealth Riverside Methodist Hospital is designed to provide oncology/ hematology patients and their families an opportunity to utilize various art processes and creative outlets to assist in self-expression, reduce stress and provide outlets to explore emotions and concerns. The art therapist provides both individual and group therapy in both inpatient and outpatient settings.



Kitchen Kapers would also like to thank John Morgan for sharing his musical talents during the tour today. John is a current Artist in Residence at Riverside Methodist Hospital.

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## Tscholl Home

2062 ELLINGTON ROAD

Welcome to 2062 Ellington Road, home of Brian and Jennifer Tscholl and their three children. This gorgeous home was built just two years ago in 2015 yet fits in seamlessly with the older homes in the area. At the time, Brian and Jennifer had two small children and another child on the way. They needed more space for their growing family. While house hunting, they searched for a larger home in Upper Arlington to accommodate their growing family yet did not want to sacrifice modern updates and finishes. None of the homes they looked at had the open floor plan or natural lighting that the Tscholls craved. So when Michael Edwards, principal of Michael Edwards Building and Design Inc., contacted Brian and Jennifer with a site for a new home on picturesque Ellington Road, they jumped at the opportunity to not only have a new home with modern amenities, but to assist with its design. The Tscholls chose to work with Edwards because of the ease of his design-build process, coupled with his sense of style. The previous house was completely torn down to make room for a brand-new home to fit the Tscholl's family-friendly lifestyle. Brian and Jennifer wanted their new home to be modern yet cozy, family-friendly yet stylish and full of natural light. They wanted the backyard to be visible and accessible to the kitchen and living area. With the help of Michael Edwards and his team, the Tscholl's dream home became a reality, complete with high ceilings and a precipitation-sensing heated driveway. The whole project took 20 months to complete.

As you enter the Tscholl home, you will notice how open and bright the space is. The front foyer opens into a formal dining room that seats eight. Behind the dining room is a more informal eating space that is connected to a large screened-in porch, fully equipped with a large-screen television for game days, and the backyard. The Tscholls eat most evening meals together as a family in this brightly colored breakfast room. The sliding barn doors allow for this room to be separated from the formal dining room when needed. A bar area, complete with a U-Line wine refrigerator and plenty of cabinet storage for bar glasses, is attached to the spacious mudroom. The mudroom is complete with benches, separate locker spaces with hooks and shelves for each family member, and plenty of closet room for coats and outdoor gear. Immediately past the bar area is the kitchen.

The stunning kitchen is essentially the hub of the Tscholl home. Jennifer. who is an avid baker, wanted an inviting and functional space where everyone would congregate together. The kitchen was initially designed around the Arabesque patterned mosaic backsplash tile Jennifer found from Classico Tile and Marble in Jewel Shadow and Silver Crackle. She wanted something interesting that would catch the eye. After the tile was picked out, everything else fell into place. The oversized kitchen island, where the family usually eats breakfast, is topped with a quartzite countertop in Venata Quartzite in a glossy finish provided by Modlich Stoneworks. The island and surrounding cabinets are finished in Snowbound White and complete the clean, bright image that the Tscholls wanted to convey. The kitchen walls are painted in Benjamin Moore Valley Forge Tan to pull the tile and quartzite





counter together. The wood floors are white oak and covered with a stain mixed on site. Some special features that the Tscholls especially love are the two refrigerator drawers on the side of the island to store bottled waters, soft drinks and juice boxes for the children to be able to reach independently, as well as the pull-out spice racks flanking the range for easy access when cooking. A mixer lift was also built for ease and convenience when baking, which discreetly hides Jennifer's stand mixer in a cabinet. The three Harrow pendent lights hanging over the island feature clear seeded glass with filament lamping and give the kitchen a more updated feel. The cozy barstools were upholstered in Sunbrella fabric for easy cleaning. All appliances are KitchenAid and were purchased from Ferguson Enterprises.

Thank you for taking the time to participate in the 30th anniversary tour. Please take a moment to thank Ferguson Bath, Kitchen & Lighting Gallery and Michael Edwards Building & Design, Inc. for sponsoring this gorgeous, family-friendly home and for their continued support in our effort to provide a comforting environment for patients, caregivers and their families at Riverside and The Bing.

ARCHITECT: Michael Edwards Building and Design, Inc.- Andrew Melarango
DESIGN BUILD: Michael Edwards
TILE: Classico Tile & Marble
APPLIANCE: Ferguson Enterprises



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## Scott Home

2274 CLUB ROAD

Welcome to 2274 Club Road, home of Cathy and Mike Scott. This exquisite home was built in 1935 on a historic lot in Upper Arlington. Cathy and Mike purchased the home in October 2010 and are only the third owners to live in the home. There have been no renovations since the mid-1990s. The Scotts had planned to start their renovations in 2012, but they put their plans on hold when Cathy was originally diagnosed at the Riverside Breast Health Center with stage 2 invasive lobular carcinoma, an invasive form of breast cancer. Cathy underwent a lumpectomy followed by months of chemotherapy and radiation. She is now five years cancer-free! In 2015, the Scotts began their nine-month-long, full-home renovation, which included of all the bathrooms, family room, mud room, basement, covered patio, and, of course, the kitchen. Cathy is an interior designer and decorated each room in the home.

As you enter the home, your eyes are immediately drawn to the bright, radiant kitchen. Prior to the home renovation, this space in the house did not exist. The homeowners retained the original dark woodwork throughout the house but wanted to create a light and bright space in their kitchen. Notice the original wood flooring as you enter the home. The Scotts took extra care to match the original flooring in the entry way, front room and dining room with new wood flooring leading into the kitchen.

Before you enter the kitchen, you won't be able to miss the extraordinary wine cellar with two large custom dark-metal and glass doors. In fact, the wine cellar was formerly a bathroom, which has since been relocated to the door on the right as you first entered the home.

This spacious kitchen includes custom cabinetry designed by Cathy that is complemented by the brushed chrome

hardware. Cathy also handpicked all of the distinctive lighting in the room from Visual Comfort Company. The stand-out countertops and island are Calcutta Gold marble with a honed finish. The coordinating backsplash is also Calcutta marble, with a balance of honed and polished finishes. Can you spot the sizable subzero refrigerator? It blends in on the far side of the kitchen with its French doors. Cooking is done on a substantial Wolf six-burner stove with a double oven. The extra-large stainless steel sink is made by Rohl.

The kitchen space extends to the exterior of the home. The Scotts put as much planning into this spacious outside patio as they did the inside renovation. The outside covered veranda with full wood-burning gas fireplace serves as an extension to the kitchen and indoor living area. The couple matched the outside stone while incorporating the finials from the





original patio to maintain the exterior flow and to showcase the gorgeous view of the Scioto Country Club golf course.

No doubt, you will have noticed unique paintings displayed on the walls of the home. A collection of art purchased through local galleries in Columbus and Bexley provides the perfect finishing touches that complete the overall space.

Please join us in thanking K.A. Menendian Rug Gallery, Plastic Surgery Ohio and OhioHealth Breast and Cancer Surgeons, Natalie B. Jones, MD, FACS and Larry J. Lilly, MD, FACS for their sponsorship of this home and for their overall support to our worthwhile cause.

#### **CONTRACTOR:**

Betley Vistain Builders: Walt Betley
HARDWARE: Restoration Hardware

COUNTER INSTALLATION: Chester A. Smith,

Marble and Granite

**BACKSPLASH:** Classico Tile & Marble

**APPLIANCES:** Ferguson

**LIGHTING:** Visual Comfort Company

PAINT: Sherwin Williams, Softer Tan #6141
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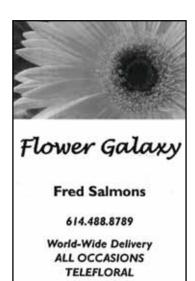




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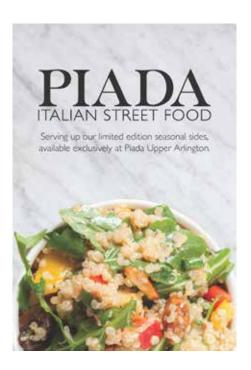
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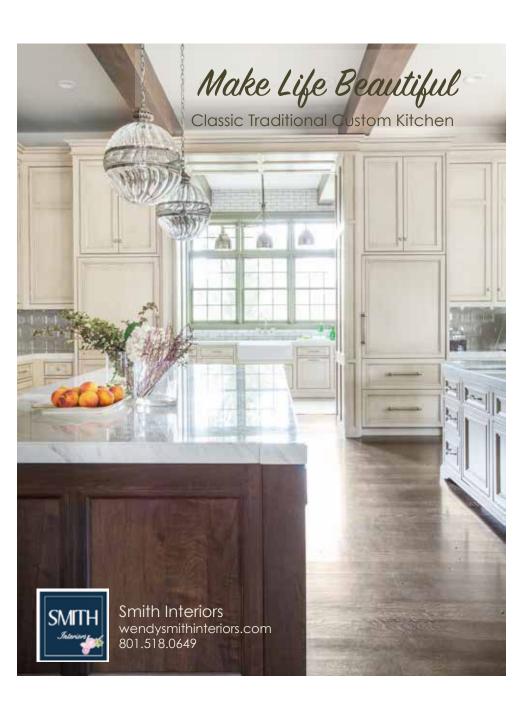


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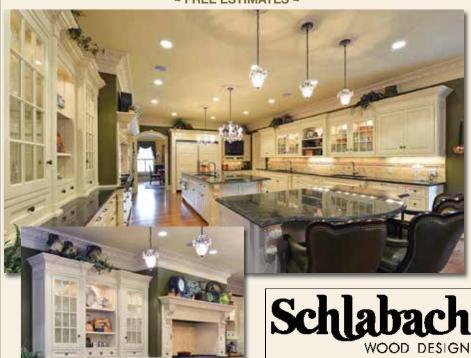


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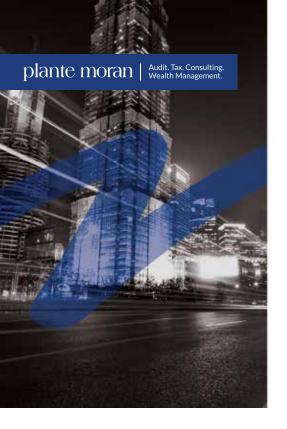
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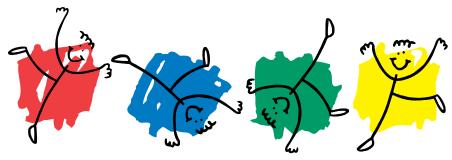
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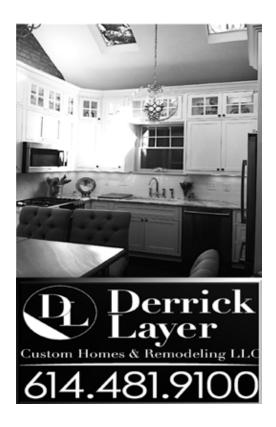




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#### Lee Ekleberry, Watercolourist

Educational, Vocational, & Artistic Background

#### Education and Vocational Background:

Holding art degrees from Bowling Green State University (B.S. in Art Education), Education), Lee has taught Studio Art, Art History, and Teacher Education Courses at all levels (elementary, middle school, high school, community college, and university). The largest part of his teaching career was practiced at Grandview Heights High School (25 years) and Capital University (7 years). He retired from teaching in 2013 and now

#### Artistic Endeavors:

Specializing on transparent watercolor painting since 1986, Lee has been a frequent exhibitor at area art fairs and festivals, regional watercolor exhibitions, and one-man shows in central Ohio and one-man shows in central Onlo galleries and libraries. During this time, he has garnered various art awards: best overall display, 1<sup>st</sup> and 2<sup>st</sup> place awards, and purchase awards. Lee holds memberships in the Central Ohio Watercolor Society (serving as president in 1999) and the Ohio Watercolor Society.



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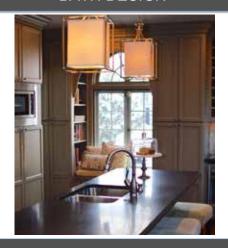


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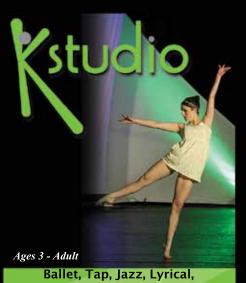
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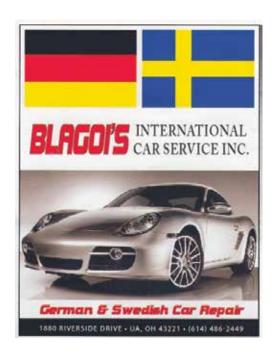












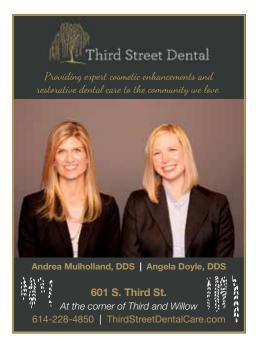


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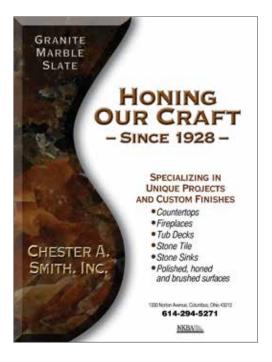
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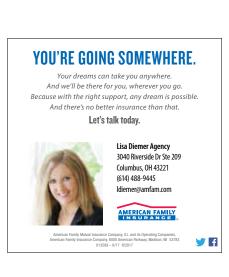


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Cold caps treatment



### Anne's Story

When my husband and I sat down to tell our two school-age kids about my breast cancer diagnosis in November 2016, my 7-year-old son had three immediate questions for me: "Are you going to die?" (Nope, not from this.) "Does it hurt?" (Not a bit.) "Are you going to lose your hair?" (I sure hope not, but we'll see.)

I was diagnosed with stage 1A breast cancer on November 25, 2016. I underwent a lumpectomy in mid-December to remove my 1.1 cm lump. My pathology results confirmed that I would, in fact, be receiving chemotherapy as a part of my treatment plan, along with radiation and, eventually, hormone therapy. Chemotherapy was what I had hoped to avoid more than anything — losing my hair was, if I'm being honest, my worst nightmare. I didn't want to look like a "sick" cancer patient and I certainly didn't want my kids to see me as anyone different than my normal, active, ponytail-wearing, blowout-loving self. In all seriousness though, losing my hair terrified me more than anything.

Soon after confirming that chemo would be a part of my treatment plan, I started Googling "how to save hair during chemo" just to see what would come up. I was willing to try just about anything at that point. To my surprise, a whole slew of information popped up with regard to cold caps and scalp-cooling systems.

Scalp cooling uses special caps that are placed on the head at subzero temperatures, with the goal of preserving hair during chemotherapy. The caps are worn for several hours before, during and after each chemotherapy treatment. The freezing temperature of the caps constricts blood vessels that feed the hair follicles, which reduces the amount of chemotherapy drugs that reach them. Used in Europe for decades, scalp cooling has just started to gain visibility in the United States and the first scalp cooling machine, DigniCap, was approved by the FDA for use with breast cancer patients in December 2015.

After much research, I decided to try using Penguin Cold Caps during my chemo treatments, one of the original cold cap manufacturers. I rented a set of caps directly from Penguin and every week I wore the -30 degree Celsius caps for up to five hours before, during and after my treatments. Because the caps have to be kept at such cold temperatures, and because scalp-cooling machines are not currently available anywhere in Central Ohio, every week my husband, Josh, would roll a giant cooler filled with dry ice into the treatment center where I received my chemo. The caps would be changed out every 25 minutes to ensure they were always at the proper temperature. I always joked that when Josh would open up our cooler to get the next cap, it was like reaching into a smoking witch's cauldron. You can imagine the funny looks we got initially. But as the weeks went by, and I continued to walk in with a full head of hair, the funny looks turned to encouraging smiles and lots of questions about cold caps.

I finished chemo on April 11, 2017, with a full head of hair. I did experience mild to moderate shedding throughout my treatment, but I would estimate that I kept 80 percent of my hair, which is amazing — far better than any scenario I could have imagined back in December when I found out I would be receiving chemo.

Keeping my hair during treatment wasn't just about vanity or a perceived sense of control. It was about self-preservation during a time when nothing seemed sacred. It was about dignity, and anonymity, and privacy. And it's still about all those things because, even as I type this today, four months post-chemo, I would still be bald had I not used cold caps. Instead, chemo is very much in my rearview mirror.

Throughout treatment, I was able to continue to live my life normally. I wasn't self-conscious going out in public. I didn't have to worry about getting looks of pity from strangers. Cold caps allowed others to view me as a healthy person. When others viewed me as a healthy person, they treated me like a healthy person, which allowed me to view myself as healing versus sick. Most importantly, in the eyes of my kids, I just looked like me.

Since completing my chemo and successfully using cold caps, I've been talking to anyone who will listen to my story. I've also started having conversations with Kitchen Kapers and OhioHealth about how we can make cold caps more readily available to more cancer patients, whether through education and awareness efforts, the use of biomedical freezers, or even the purchase of an actual scalp-cooling machine. Kitchen Kapers has a long history of working locally to improve the lives of cancer patients. OhioHealth, has an outstanding reputation in cancer care. I am beyond thankful to be working in partnership with both of these amazing organizations to support future cold cap users and improve the quality of life of more cancer patients.

#### ANNE GARLOCK HOUSER

**Breast Cancer Survivor** 



# Kitchen Kapers History 1987-2017

In 1984, a task force at OhioHealth Riverside Methodist Hospital gathered to form a Women's Service Board. The Women's Service Board was an auxiliary organization comprising smaller service boards. These boards raised funds and provided community understanding of Riverside Methodist's educational programs and patient-care services. By 1987, there were several service boards, including Service Board VII, whose project was Kitchen Kapers.

Service Board VII has raised money for the cancer institute, gerontology services, ICU patient and family services, the Gerlach Center for Senior Health, emergency services and the Elizabeth Blackwell Center.



The idea for Kitchen Kapers was inspired by the success of the Bexley home tour. "But we wanted to present something unique," recalls founding member Patty Lilly. "One member said her friend was remodeling their kitchen, so we would feature kitchens in Upper Arlington."

The first tour was held on September 29, 1988, and tickets cost \$5. "One of our first projects was raising money for custom bras for cancer patients who had mastectomies," said Jane Jones. "At that time, there were no bras being made in mass for patients," she said.



Kitchen Kapers was the largest service board by 2000 with 87 members who supported breast health services. In 2008, the board voted to dedicate all proceeds to support cancer care. Since then, Kitchen Kapers has renovated the kitchen on 7 Yellow Oncology at Riverside Methodist and funded the Artist in Residence program benefiting patients at the OhioHealth Arthur G.H. Bing, MD, Cancer Center. In 2013, Kitchen Kapers became a special committee of the Riverside Methodist Hospital Development Board supporting the OhioHealth Foundation.

Now in its 30th year, Kitchen Kapers is a group of more than 70 dedicated volunteers raising money to support integrative care, a holistic approach to healing, at OhioHealth through their partnership with the OhioHealth Foundation.

### Future Tour Home Suggestion

Have you visited a home in Upper Arlington that you believe would be a grand addition to a future tour? Have your friends mentioned they would be interested in having their house on the tour at some point? Do you believe your own home would be perfect for the tour?

You now have an opportunity to submit a possible entry for a future tour site! Please complete the information below and return it to:

Lauren James | Home Procurement Chair

2430 Brandon Rd. Columbus, Ohio 43221

HOMEOWNER NAME(S)

SUGGESTED ADDRESS

PHONE EMAIL

MY NAME

ADDRESS

PHONE EMAIL

I BELIEVE THE ABOVE KITCHEN WOULD BE A POSITIVE ADDITION TO A FUTURE KITCHEN KAPERS TOUR BECAUSE:

Thank you for your input! We appreciate your suggestions and will be in touch with the potential participating homeowner!

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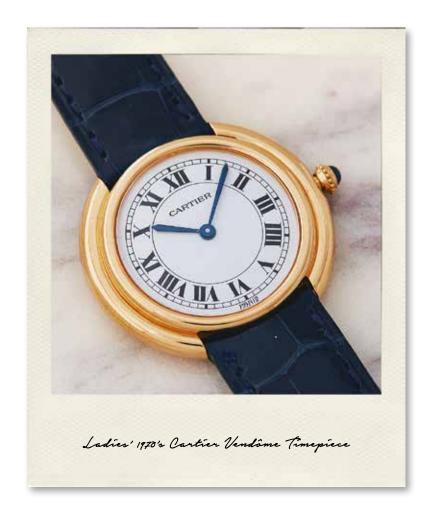
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